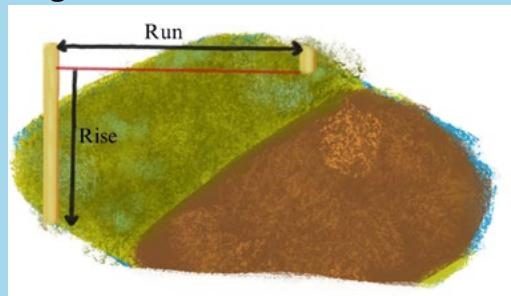


Infiltration Steps

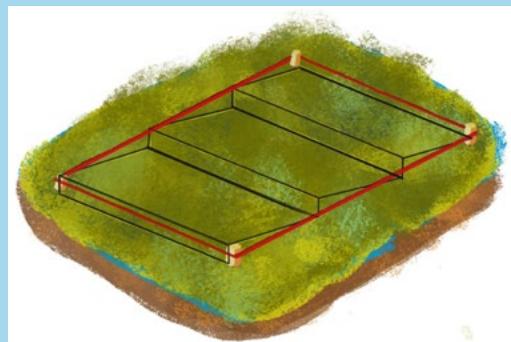


Retrofit existing steps by excavating behind each step and adding crushed stone.

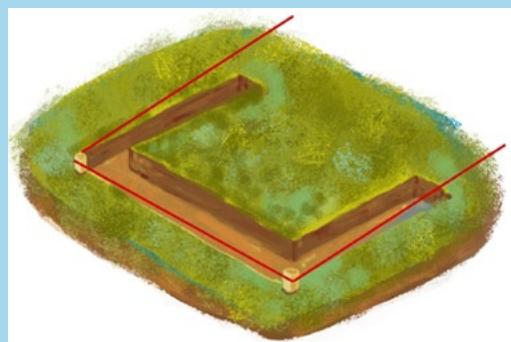
Diagrams: Carolina Swindel



Step 1: Calculate the Rise and Run



Step 2: Stake Out the Steps



Step 3: Excavate the First Step

Purpose:

Infiltration steps use crushed stone to slow down and infiltrate runoff on moderate to steep paths. For steeper (45°) slopes or areas where rocks or surface roots make it difficult to set infiltration steps in the ground, consider building a wooden stairway.

Materials:

- Crushed stone or pea stone
- Pressure Treated or cedar timbers
- Steel Rebar
- Galvanized spikes

Crushed stone and pea stone can be purchased from gravel pits. Contact your local Soil and Water Conservation District for suppliers of non-woven geotextile fabric. Pressure treated timbers, cedar landscape timbers, and steel rebar can be purchased from lumber and hardware stores. Some stores will cut rebar to the specified length for a small fee. Otherwise, rebar can be cut with a hacksaw, grinder and cutting wheel, etc.

Installation:

1. Calculate the Rise and Run

First, measure the rise (overall height) and run (overall length) of the slope you are installing steps on. The step height is determined by the thickness of the timber. Assuming a 6" thickness, divide the rise by 6 and round off to the nearest whole number to determine the number of steps. Divide the run by the number of steps to determine step depth (distance between steps). A comfortable width will be at least 15".

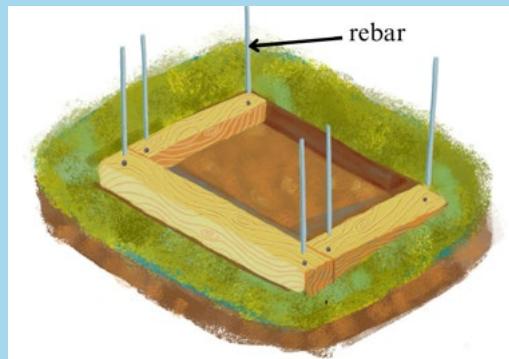
2. Stake Out the Steps

Choose a step width. A 4' width is comfortable for one person. Paths must be less than 6' wide in the shoreland zone. Drive stakes at each corner of the stairway and stretch string between them to outline the steps. Spray paint or sprinkle sand or flour on the ground to mark the outline.

3. Excavate the First Step

Starting at the bottom, dig a trench for the first timber. Next, dig trenches for the side timbers, which need to be long enough to extend 6" past the next step's riser. Check to make sure the trenches are level.

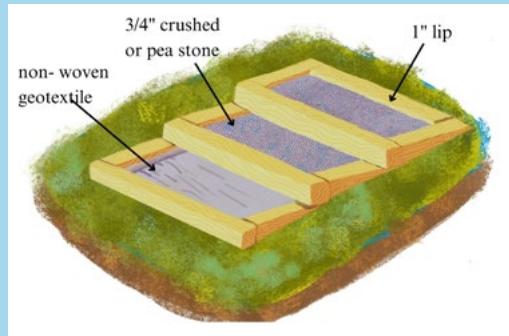
Note: Infiltration steps may not require side timbers, especially if the steps are in an eroded pathway where the surrounding land is higher. In this case, extend the timbers into the adjacent banks so water will not go around the steps.



Step 4: Cut the Timbers



Step 5: Build the Next Step



Step 6: Lay Down Geotextile Fabric and Backfill with Stone



Steps should be paired with plantings or mulch to prevent side scour.

4. Cut the Timbers

Cut the riser timber to length, then measure and cut the side timbers. Drill $1\frac{1}{2}$ " diameter holes 6" from the ends of each timber. Position the step, then remove or add soil as needed to level it. Anchor the step by driving 18" long pieces of $1\frac{1}{2}$ " diameter steel rebar through the holes and into the ground. Make sure the rebar is flush or slightly recessed since the edges may be sharp. Set the side timbers in place, and level and anchor them.

Shovel out the soil inside the step to create a surface roughly level with the bottom of the timbers. Additional soil can be removed to provide more area for infiltration. Make sure to dispose of excavated soil away from wetlands and waterbodies.

5. Build the Next Step

Measure from the front of the first riser to precisely locate the second riser. Dig a trench for the riser, and trench back into the hill for the sides, as before. Set the riser roughly in place with the ends resting on the side timbers below. The riser should be attached to the side timbers below it with 12" galvanized spikes. Drill a pilot hole about 5" into the riser, and spike the riser into the side timbers below. Set the side timbers, drill $1\frac{1}{2}$ " holes and pound in 18" rebar pieces into the ground as with the first step.

Excavate between the sides, as before. Continue up the hillside in this fashion. When installing the top step, cut the side timbers 6" shorter than the ones on the lower steps - these timbers do not need the extra length since no stairs will rest on them.

6. Lay Down Geotextile Fabric and Backfill with Stone

Line the area inside each set of timbers with non-woven geotextile fabric. This felt-like fabric will allow water to percolate through but will separate the stone from the underlying soil. Make sure the fabric is long enough to extend a few inches up the sides of the timbers.

Fill each step with $3\frac{1}{4}$ " crushed stone or pea stone until it is about 1" below the top of the timber. This lip will break up water flow and encourage infiltration. Pea stone is comfortable for bare feet but may be more expensive. Paving stones can also be set into crushed stone to provide a smooth surface for bare feet - as long as ample crushed stone is exposed to allow infiltration.

Seed and/or mulch bare soil adjacent to the steps, or plant this area with shrubs and groundcover plants to soften the edges and help prevent erosion.

Maintenance:

- Replace rotten timbers as needed.
- If the crushed stone or pea stone becomes filled up with sediment over time, remove, clean out sediment and replace.

Scan here for more information



This project was funded, in part, by the United States Environmental Protection Agency



From Sebago Lake to Casco Bay