

# Schedule of Benefits

## Harvard Pilgrim Health Care, Inc.

### THE HARVARD PILGRIM POS MAINE

This Schedule of Benefits states any Benefit Limits and Member Cost Sharing amounts you must pay for Covered Benefits. However, it is only a summary of your benefits. Please see your Benefit Handbook for details. Your Member Cost Sharing may include a Deductible, Coinsurance, and Copayments. Please see the table below for details.

#### **There are two levels of coverage: In-Network and Out-of-Network.**

**In-Network** coverage applies when Covered Benefits are provided or arranged by your Primary Care Physician (PCP) in the Service Area, or provided by a Plan Provider outside of the Service Area.

**Out-of-Network** coverage applies when Covered Benefits are provided by a Non-Plan Provider or provided by a Plan Provider without a Referral when a Referral is required. If a Non-Plan Provider charges any amount in excess of the Allowed Amount, you are responsible for the excess amount.

In a Medical Emergency, you should go to the nearest emergency facility or call 911 or other local emergency access number. A Referral from your PCP is not needed. Your emergency room Member Cost Sharing is listed in the tables below.

#### **Out of Network Notification and Prior Approval**

Notification and Prior Approval is required for certain Out-of-Network benefits. Before you receive services from a Non-Plan Provider, please refer to our website, [www.harvardpilgrim.org](http://www.harvardpilgrim.org) or contact the Member Services Department at **1-888-333-4742** for the complete listing of Out-of-Network services that require Prior Approval. To provide Notification or obtain Prior Approval please call **1-800-708-4414** for medical services or call **1-888-777-4742** for mental health and drug and alcohol rehabilitation services. More information about Notification and Prior Approval can be found on our website at [www.harvardpilgrim.org](http://www.harvardpilgrim.org) and in your Benefit Handbook.

#### **Clinical Review Criteria**

We use clinical review criteria to evaluate whether certain services or procedures are Medically Necessary for a Member's care. Members or their practitioners may obtain a copy of our clinical review criteria on our website at [www.harvardpilgrim.org](http://www.harvardpilgrim.org) or by calling **1-888-888-4742 ext. 38723**.

#### **Covered Benefits**

Your Covered Benefits are administered on a Calendar Year basis. Your Member Cost Sharing will depend upon the type of service provided and the location the service is provided in, as listed in this Schedule of Benefits. For example, for services provided in a doctor's office, see "Physician and Other Professional Office Visits." For services provided in a Hospital emergency room, see "Emergency Room Care," and for outpatient surgical procedures, please see "Surgery – Outpatient."

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<b>General Cost Sharing Features:</b>	<b>In-Network Member Cost Sharing:</b>	<b>Out-of-Network Member Cost Sharing</b>
<b>Coinsurance and Copayments</b>		
	See the benefits table below	
<b>Deductibles</b>		
	None	\$250 per Member per Calendar Year \$750 per family per Calendar Year
<p><b>Important Notice:</b> If a family Deductible applies, it can be met in one of two ways: a. If a Member of a covered family meets an individual Deductible, then that Member has no additional Deductible Member Cost Sharing responsibilities for Covered Benefits for the remainder of the Calendar Year. b. If any number of Members in a covered family collectively meets a family Deductible, then all Members in that covered family have no additional Deductible Member Cost Sharing responsibilities for Covered Benefits for the remainder of the Calendar Year.</p>		
<b>Out-of-Pocket Maximum</b>		
Includes all Member Cost Sharing except Member Cost Sharing for prescription drugs, which has a separate Out-of-Pocket Maximum Any charges above the Allowed Amount and any penalty for failure to receive Prior Approval when using Non-Plan Providers do not apply to the Out-of-Pocket Maximum	\$1,500 per Member per Calendar Year \$3,000 per family per Calendar Year	\$2,500 per Member per Calendar Year \$7,500 per family per Calendar Year
<b>Out-of-Network Penalty Payment</b>		
Does not count toward the Deductible or Out-of-Pocket Maximum.	\$500	
<b>Deductible Rollover</b>		
Your Plan has a Deductible Rollover that applies to any Deductible amount that is incurred for services during the last 3 months of the Calendar Year and is applied toward the Deductible requirement for the next Calendar Year.		

<b>Benefit</b>	<b>In-Network Plan Providers with a proper Referral Member Cost Sharing</b>	<b>Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing</b>
<b>Acupuncture Treatment for Injury or Illness</b>		
– Limited to 20 visits per Calendar Year	\$20 Copayment per visit	Deductible, then 30% Coinsurance

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<b>Benefit</b>	<b>In-Network Plan Providers with a proper Referral Member Cost Sharing</b>	<b>Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing</b>
<b>Ambulance Transport</b>		
Emergency ambulance transport	No charge	Same as In-Network
Non-emergency ambulance transport	No charge	No charge
<b>Autism Spectrum Disorders Treatment</b>		
Applied behavior analysis	\$20 Copayment per visit	Deductible, then 30% Coinsurance
<b>Chemotherapy and Radiation Therapy</b>		
	No charge	Deductible, then 30% Coinsurance
<b>Chiropractic Care</b>		
	\$20 Copayment per visit	Deductible, then 30% Coinsurance
<b>Dental Services</b>		
Extraction of teeth impacted in bone	Your Member Cost Sharing will depend upon the types of services provided, as listed in this Schedule of Benefits." For example, for services provided in an oral surgeon's office, see "Physician and Other Professional Office Visits."	
<b>Important Notice:</b> Coverage of Dental Services is very limited. Please see your Benefit Handbook for the details of your coverage.		
<b>Dialysis</b>		
	\$20 Copayment per visit	Deductible, then 30% Coinsurance
<b>Durable Medical Equipment</b>		
Durable medical equipment	20% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year	Deductible, then 30% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year
Blood glucose monitors, infusion devices, and insulin pumps (including supplies)	No charge	No charge
Oxygen and respiratory equipment	No charge	Deductible, then 30% Coinsurance
<b>Early Intervention Services (for Members up to the age of 3)</b>		
- Limited to \$3,200 per Member per Calendar Year, up to a maximum of \$9,600	\$20 Copayment per visit	Deductible, then 30% Coinsurance
<b>Emergency Admission</b>		
	10% Coinsurance	Same as In-Network
<b>Emergency Room Care</b>		
	\$100 Copayment per visit	Same as In-Network
This Copayment is waived if admitted to the Hospital directly from the emergency room.		

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Benefit	In-Network Plan Providers with a proper Referral Member Cost Sharing	Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing
<b>Gender Reassignment Surgery</b>		
	Your Member Cost Sharing will depend upon where the service is provided, as listed in this Schedule of Benefits. For example, for a service provided in an outpatient surgical center, see "Surgery – Outpatient." For services provided in a Physician's office, see "Physician and Other Professional Office Visits." For inpatient Hospital care, see "Hospital – Inpatient Services."	
<b>Hearing Aids (for Members up to the age of 19)</b>		
– Limited to \$1,400 per hearing aid every 36 months, for each hearing impaired ear	20% Coinsurance	Deductible, then 30% Coinsurance
<b>Home Health Care</b>		
	No charge	Deductible, then 30% Coinsurance
If services include the administration of drugs, please see the benefit for "Medical Drugs" for Member Cost Sharing details.		
<b>Hospice – Outpatient</b>		
	No charge	Deductible, then 30% Coinsurance
<b>Hospital – Inpatient Services</b>		
Acute Hospital care	10% Coinsurance	Deductible, then 30% Coinsurance
Inpatient maternity care	10% Coinsurance	Deductible, then 30% Coinsurance
Inpatient routine nursery care	No charge	Deductible, then 30% Coinsurance
Inpatient rehabilitation – limited to 100 days per Calendar Year	10% Coinsurance	Deductible, then 30% Coinsurance
Skilled nursing facility – limited to 100 days per Calendar Year	10% Coinsurance	Deductible, then 30% Coinsurance
<b>Infertility Services and Treatments (see the Benefit Handbook for details)</b>		
Diagnostic services including only the following: consultation, evaluation and laboratory tests	Not covered	
Infertility treatment	Not covered	Not covered
<b>Laboratory and Radiology Services</b>		
Laboratory and x-rays	No charge	Deductible, then 30% Coinsurance
Advanced radiology, including PET scans, MRA and nuclear medicine services	No charge	Deductible, then 30% Coinsurance
CT scans and MRI	No charge	Deductible, then 30% Coinsurance
<b>Low Protein Foods</b>		
– Limited to \$3,000 per Calendar Year	No charge	No charge

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Benefit	In-Network Plan Providers with a proper Referral Member Cost Sharing	Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing
<b>Maternity Care – Outpatient</b>		
Routine outpatient prenatal and postpartum care	No charge	Deductible, then 30% Coinsurance
Routine prenatal and postpartum care is usually received and billed from the same Provider as a single or bundled service. Different Member Cost Sharing may apply to any specialized or non-routine service that is billed separately from your routine outpatient prenatal and postpartum care. For example, Member Cost Sharing for services provided by a specialist is listed under “Physician and Other Professional Office Visits” and Member Cost Sharing for an ultrasound billed as a specialized or non-routine service is listed under “Laboratory and Radiology Services.”		
<b>Medical Drugs (drugs that cannot be self-administered)</b>		
Medical drugs received in a doctor’s office or other outpatient facility	20% Coinsurance up to a maximum Coinsurance of \$250 per treatment	Deductible, then 30% Coinsurance
Medical drugs received in the home	20% Coinsurance up to a maximum Coinsurance of \$250 per treatment	Deductible, then 30% Coinsurance
Some medical drugs received in a Physician’s office or outpatient facility may be provided by the Specialty Pharmacy Program under your outpatient prescription drug benefit. If you have outpatient prescription drug coverage, your Member Cost Sharing will be listed on your ID Card. Please see the Prescription Drug Brochure, for a detailed explanation of your benefits.		
<b>Medical Formulas</b>		
State mandated formulas	No charge	No charge
<b>Mental Health and Drug and Alcohol Rehabilitation Services</b>		
Inpatient Services	10% Coinsurance	Deductible, then 30% Coinsurance
Partial hospitalization services	No charge	Deductible, then 30% Coinsurance
Outpatient group therapy	\$10 Copayment per visit	Deductible, then 30% Coinsurance
Mental health services in the home	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Outpatient treatment, including individual therapy, detoxification, and medication management	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Outpatient methadone maintenance	\$20 Copayment per week	Deductible, then 30% Coinsurance
Outpatient psychological testing and neuropsychological assessment	\$20 Copayment per visit	Deductible, then 30% Coinsurance
<b>Ostomy Supplies</b>		
	20% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year	Deductible, then 30% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year

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Benefit	In-Network Plan Providers with a proper Referral Member Cost Sharing	Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing
<b>Physician and Other Professional Office Visits (This includes all covered Plan Providers unless otherwise listed in this Schedule of Benefits)</b>		
Routine examinations for preventive care, including immunizations	No charge	Deductible, then 30% Coinsurance
Not all In-Network services you receive during your routine exam are covered at no charge. Only preventive services designated under the Patient Protection and Affordable Care Act (PPACA) are covered at no charge. Other services not included under PPACA may be subject to additional cost sharing. For the current list of preventive services covered at no charge under PPACA, please see the Preventive Services Notice on our website at <a href="http://www.harvardpilgrim.org">www.harvardpilgrim.org</a> . Please see "Laboratory and Radiology Services" for the Member Cost Sharing that applies to diagnostic services not included on this list.		
Consultations, evaluations, Sickness and injury care	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Office based treatments and procedures, including but not limited to: administration of injections, casting, suturing and the application of dressings, non-routine foot care, surgical procedures	No charge	Deductible, then 30% Coinsurance
Administration of allergy injections	\$5 Copayment per visit	Deductible, then 30% Coinsurance
<b>Preventive Services and Tests</b>		
	No charge	Deductible, then 30% Coinsurance
Under federal law, many preventive services and tests are covered with no Member Cost Sharing, including preventive colonoscopies, certain labs and x-rays, voluntary sterilization for women, and all FDA approved contraceptive devices. For a complete list of covered preventive services, please see the Preventive Services Notice on our website at <a href="http://www.harvardpilgrim.org">www.harvardpilgrim.org</a> . You may also get a copy of the Preventive Services Notice by calling the Member Services Department at <b>1-888-333-4742</b> . Harvard Pilgrim will add or delete services from this benefit for preventive services and tests in accordance with Federal guidance.		
<b>Prosthetics</b>		
Prosthetic devices	20% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year	Deductible, then 30% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year
Prosthetic arms and legs	20% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year	30% Coinsurance not to exceed Member Cost Sharing of \$1,000 per Calendar Year
<b>Rehabilitation and Habilitation Services - Outpatient</b>		
Cardiac rehabilitation Pulmonary rehabilitation therapy	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Physical, speech and occupational therapies combined – limited to 40 visits per Calendar Year	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Outpatient physical, occupational and speech therapies are covered to the extent Medically Necessary for: (1) children under the age of three and (2) the treatment of Autism Spectrum Disorders.		

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Benefit	In-Network Plan Providers with a proper Referral Member Cost Sharing	Out-of-Network Non-Plan Providers and Plan Providers without a Referral Member Cost Sharing
<b>Scopic Procedures - Outpatient Diagnostic and Therapeutic</b>		
Colonoscopy, endoscopy and sigmoidoscopy	Your Member Cost Sharing will depend upon where the service is provided as listed in this Schedule of Benefits. For example, for a service provided in an outpatient surgical center, see "Surgery- Outpatient." For services provided in a Physician's office, see "Physician and Other Professional Office Visits." For inpatient Hospital care, see "Hospital - Inpatient Services."	
<b>Surgery – Outpatient</b>		
	10% Coinsurance	Deductible, then 30% Coinsurance
<b>Telemedicine</b>		
Outpatient and Inpatient Telemedicine services	Your Member Cost Sharing will depend upon the types of services provided, as listed in this Schedule of Benefits. For example, for services provided by a Physician, see "Physician and Other Professional Office Visits." For inpatient Hospital care, see "Hospital – Inpatient Services."	
<b>Urgent Care Services</b>		
Convenience care clinic	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Urgent care clinic (including Hospital urgent care clinic)	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Additional Member Cost Sharing may apply. Please refer to the specific benefit in this Schedule of Benefits. For example, if you have an x-ray or have blood drawn, please refer to "Laboratory and Radiology Services."		
<b>Vision Services</b>		
Urgent eye care	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Routine adult eye examinations – limited to 1 exam per Calendar Year	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Routine pediatric eye examinations – limited to 1 exam per Calendar Year	\$20 Copayment per visit	Deductible, then 30% Coinsurance
Vision hardware for special conditions	No charge	Deductible, then 30% Coinsurance
<b>Voluntary Sterilization – in a Physician's Office</b>		
	No charge	Deductible, then 30% Coinsurance
<b>Voluntary Termination of Pregnancy</b>		
	Not covered	
<b>Wigs and Scalp Hair Protheses</b>		
– Limited to \$350 per Calendar Year (see the Benefit Handbook for details)	20% Coinsurance	Deductible, then 30% Coinsurance

Language Assistance Services

**Español (Spanish) ATENCIÓN:** Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

**Português (Portuguese) ATENÇÃO:** Se você fala português, encontramos-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

**Kreyòl Ayisyen (French Creole) ATANSYON:** Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

**繁體中文 (Traditional Chinese) 注意：**如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-333-4742 (TTY: 711)。

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu quý vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quý vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

**Русский (Russian) ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

**العربية (Arabic) انتباه:** إذا أنت تتكلم اللغة العربية ، خدمات المساعدة اللغوية متوفرة لك مجاناً. إتصل على 1 888-333-4742 (TTY: 711)

**ខ្មែរ (Cambodian) ជំនួយភាសាខ្មែរ:** បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ដូនណាកម្មករដោយឥតគិតថ្លៃ។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

**Français (French) ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

**Italiano (Italian) ATTENZIONE:** In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).

**한국어 (Korean) '알림':** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

**ελληνικά (Greek) ΠΡΟΣΟΧΗ:** Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

**Polski (Polish) UWAGA:** Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

**हिंदी (Hindi) ध्यान दीजिए:** अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

**ગુજરાતી (Gujarati) ધ્યાન આપો :** જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહાય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

**ພາສາລາວ (Lao) ໂປດຊາບ:** ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ຄວນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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**General Notice About Nondiscrimination and Accessibility Requirements**

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: [civil\\_rights@harvardpilgrim.org](mailto:civil_rights@harvardpilgrim.org). You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
(800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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